



HEALTHY MINDS
in your workplace

Peter Christison & Associates Workplace Health Consultancy and training

Fact sheet 9 Health and Safety training and Consultancy Service

Healthy and Safety Training and Consultancy Services (Part of our 'Healthy Minds in your Workplace' series)

This fact sheet comprises:

Introduction

Topics covered and detailed content list

Learning methods for training and workshops

Client list

Biography of our associate Consultant

Introduction

Health and Safety is an ever evolving statutory requirement and an integral part of UK organisations whatever their type or size today. As a complex range of essential practice to meet legislation we endeavour to provide economical flexible solutions for your business, across the UK; subject to your requirements. We can design packages to meet your needs if you cannot find them in our described services.

Our range of services is divided into:

- ✚ Health and Safety Service
Consultancy
Training
- ✚ Business Continuity Services
- ✚ Emergency Planning

Our aims are to ensure you are fit for purpose by protecting the health of your employees, for example whether that is corporate manslaughter liability or fire safety training, and meeting the legal liabilities of your organisation. This fact sheet provides you with detailed information of how we can meet these aims.

Learning methods and settings

Whatever the service you require we use a variety of methods to ensure maximum learning. These can be:

- ✚ Trainer to group
- ✚ Group to trainer
- ✚ Power point presentations
- ✚ Interactive group working
- ✚ DVD or video

Learning settings include:

- ✚ Board room briefings
- ✚ Workshops and seminars
- ✚ Training

Topics and content

Health and Safety

Our totally outsourced consultancy services include:

- ✚ Corporate health and safety management audit
- ✚ Contractor audit and appraisal
- ✚ Safety policy assessment
- ✚ Risk assessment including fire risk assessments
- ✚ Communication advice and assistance to ensure your management and staff understand and practice your health and safety policies
- ✚ Accident investigation
- ✚ Help managers at all levels understand their roles

Training

We provide packages to meet the specific needs of the subject and your type of organisation.

These include:

- ✚ Corporate manslaughter- board room briefings for Directors and senior managers on their duties
- ✚ Health and safety for Directors, HR, senior and junior managers
- ✚ Health and safety induction for the workforce
- ✚ Risk assessment
- ✚ Construction Design & Management issues and assessment
- ✚ Working at height, ladder & stepladder safety
- ✚ Health and safety awareness
- ✚ Fire safety awareness, fire wardens and fire risk assessment
- ✚ Manual handling
- ✚ Noise
- ✚ Display screen equipment and workstation set up
- ✚ Legal updates
- ✚ DSE risk assessment solutions
- ✚ COSHH
- ✚ Water safety and risk assessment
- ✚ Home working and associated assessment
- ✚ Lone working and personal safety

Please see our separate fact sheets for all matters relating to workplace stress.

Business continuity services

We specialise in assisting organisations to establish effective emergency and disaster recovery management; this is a statutory requirement for organisations involved in civil emergency response and planning. Survival of an organisation could be at risk if it has not planned to cope with a disaster such as flood, fire, or loss of key staff.

To meet the British continuity standard BS25999, our consultancy can provide the necessary planning and training. The flexible level of service you require can include:

- ✚ Corporate risk management audit
- ✚ Business impact assessment
- ✚ Assistance in writing business continuity plans
- ✚ Help managers at all levels to understand their role and responsibility
- ✚ Board room briefings on business continuity for Directors

Emergency planning

We have substantial experience in this topic including all aspects of compliance for a category 1 responder under the Civil Contingency Act. We can provide assistance at local community and parish level.

The service includes training, risk assessment and advice; full details on request.

Client list

Embers clients include

| | |
|------------------------------|--------------------------------------|
| Aircom International | Eastbourne Bus Company |
| Elmbridge Borough Council | JDM Electrical |
| Godalming Town Council | Elmbridge Rugby League Football Club |
| NESCOT | Walton Athletic Club |
| Mole Valley District Council | Surrey Training Officers Group |
| Waverley Borough Council | |

Biography

Keith Allen CMIOSH, FRSPH, MEPS. Keith is director of Embers, a Chartered Health and Safety professional and has worked in health and safety for over 15 years as a consultant and trainer, mostly in the public sector, working for business, and the voluntary sector. He was also an emergency planner at Waverley Borough Council for 7 years including during the transition to compliance under civil contingencies legislation, from 2004, and was a member of the Local Resilience Forum training group.

He is a member of the Emergency Planning Society and has substantial experience in business continuity management. He covers the UK, subject to client's requirements.

For further information and advice without obligation contact Peter Christison

Other training fact sheets of training available in the 'Healthy Minds in your Workplace' series

- ✚ Mental health awareness 0.5 day training for line managers TFS 1
- ✚ Resilience skills and managing complex behaving customers : TFS 2
- ✚ Wellbeing and stress management 0.5 day 1 day training TFS 3
- ✚ 'Protecting your Health in the Credit Crunch' training TFS 4
- ✚ Healthy Call centres includes managing complex behaving customers TFS 5
- ✚ Remaining in or returning to work with common mental health problems or stress: TFS6
- ✚ Our services and training topics menu : TFS 7
- ✚ Job retention 2 day training TFS 7
- ✚ Case management service (Stress and mental ill health only): TFS 8
- ✚ Understanding and managing alcohol and substance abuse in the workplace TFS 13
- ✚ Taking effective lunch breaks TFS 11

We also have training fact sheets in 'Mental Health and Behaviour' Series

Bespoke and 'off the shelf' UK wide consultancy and training services
For a complete range of our consultancy and training services, download our PDF fact sheet 7
'Our services and training topics menu from our website or on request
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